

April 2018

CAMERON SCHOOL DISTRICT

Monday

2

COCOA PUFF OR TRIX
CEREAL BAR
WG CINNAMON TOAST

DICED PEACHES

9

WG CINNAMON
DONUTS
GIANT GOLDFISH
CRACKERS

FRESH FRUIT

16

BANANA BREAD

FRESH FRUIT

23

NUTRIGRAIN BAR
CHEEZ IT CRACKERS

FRESH FRUIT

30

WG CINNAMON
DONUTS
CRAISINS

DICED PEARS

Tuesday

3

WG BAGEL/JELLY
STRING CHEESE

FRESH FRUIT

10

PANCAKES/SYRUP
EGG PATTY

STRAWBERRIES

17

EGG OMELET/SALSA
TOAST/JELLY

PINEAPPLE TIDBITS

24

FRENCH TOAST
STICKS/SYRUP
EGG PATTY

BLUEBERRIES

Wednesday

4

BREAKFAST BURRITO
W/ SALSA

DICE PEARS

11

WG POPTART
WG TOAST

DICED PEARS

18

YOGURT PARFAIT
SCOOBY DOO GRAHAMS

DICED PEACHES

25

APPLE GRANOLA SQR
CINNAMON TOAST

DICED PEACHES

Thursday

5

WG SOFT PRETZEL
CHEESE DIP'N SAUCE
GRIPS BITS

FRESH FRUIT

12

BREAKFAST PIZZA
1/2 BAGEL

APPLESAUCE

19

WG CINNAMON ROLL
STRING CHEESE

FRESH FRUIT

26

SAUSAGE AND CHEESE
BREAKFAST SANDWICH

FRESH FRUIT

Friday

6

WG MUFFIN CHOICE
FRUIT YOGURT CUP

FRESH FRUIT

13

NO SCHOOL
IN-SERVICE

20

BAGEL W/
STRAWBERRY
CREAM CHEESE
WG SPORTS BITES

FRESH FRUIT

27

WG MUFFIN CHOICE
GOLDFISH PRETZELS

APPLESAUCE

BREAKFAST PROGRAM

KG-12TH GRADE

\$1.35/DAY (20 Days)

\$ 6.75/WEEK

\$27.00 / MONTH

(ANY STUDENT THAT QUALIFIES FOR FREE OR REDUCED RATE LUNCH QUALIFIES FOR FREE BREAKFAST)

ADULTS/GUESTS-\$2.00/DAY

-CEREAL/W/CRACKERS BREAKFAST OPTION OFFERED DAILY-

** MILK/JUICE CHOICE WITH EVERY MEAL**

OFFER-VS-SERVE

Students Are Offered At Least 4 Items Following Guidelines For School Breakfast Programs Set By The USDA

Students must select at least 3 of the food items which should include 1/2 c of fruit, juice and/or vegetable menued at the beginning of the service line to count as a complete meal under the USDA guidelines.

ITEMS ALSO AVAILABLE AT THE MS & HS (ONLY!) when menued (SUBJECT TO CHANGE)

For those who have a positive balance in their account and a signed ala carte permission

slip on file with the food service

ADD'L ENTRÉE-	\$1.25
YOGURT PARFAIT-	\$1.25
BREAKFAST BAR-	\$.90
STRING CHEESE-	\$.75
CEREAL/CRACKER-	\$.60
4 OZ YOGURT CUP-	\$.60
FRUIT-	\$.50
4 OZ JUICE-	\$.50
8 OZ MILK-	\$.35

Menu and Nutritionals subject to change due to availability of products

Please read product labels when available or ask a Food Service worker for assistance.

This institution is an equal opportunity provider.




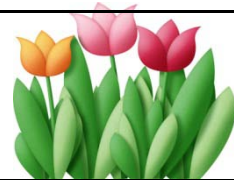
Did You Know...

The Romans called this month Aprilis which may derive from the verb aperire meaning "to open", referring to flowers and fruits opening.

CAMERON LUNCH MENU-APRIL 2018

<p>OFFER VS SERVE MEAL PATTERN Students are offered 5 Food Components</p> <p>Meat/Meat alternate</p> <p>Grain -All grains are whole grain rich</p> <p>Fruit-Fresh, frozen, canned in juice or light syrup <u>only</u></p> <p>Vegetable- Fresh, frozen, canned</p> <p>Under USDA guidelines <u>students</u> are asked to take a ½ cup</p> <p>Fruit ,Vegetable or combination <u>daily</u> on their lunch tray</p> <p>Milk-At least 2 choices offered daily consisting of: Low-fat or fat free white or fat free flavored</p> <p>STUDENTS must select 3 full Food components offered to receive the hot lunch rate otherwise ala carte prices will be applied</p>	<p>LUNCH PRICES ARE:</p> <p>ELEMENTARY KG-4th \$2.40</p> <p>MIDDLE 5-8th \$2.70</p> <p>HIGH SCHOOL 9-12th \$2.80</p> <p>REDUCED- KG-12th \$.40</p> <p>PAY SCALE - APRIL 20 DAYS</p> <p>DAYS-20 Elem- Kg-4th \$48.00</p> <p>DAYS-20 MS- 5-8th \$54.00</p> <p>DAYS-20 HS- 9-12th \$56.00</p> <p>REDUCED= ALL- \$8.00</p> <p>ADD'L ENTRÉE-\$1.75</p> <p>ADULTS/GUESTS-\$3.50</p> <p>GUEST CHILD UNDER 5-\$2.80</p>	<p>PARENTS ARE ENCOURAGED TO EAT LUNCH WITH THEIR CHILD</p> <p>-IF YOU PLAN ON HAVING LUNCH PLEASE CALL THE SCHOOL OFFICE BY 8:15 A.M. THE DAY YOU PLAN TO EAT.</p> <p>-PLEASE <u>MAKE PAYMENT IN THE SCHOOL OFFICE</u> PRIOR TO ENTERING THE CAFETERIA.</p> <p style="text-align: center;">****PLEASE NOTE****</p> <p>You <u>are not</u> able to use your child's account to purchase a meal.</p>	<p>Menu subject to change due to availability of product!!!</p> <p>View the menu @ www.cameron.k12.wi.us</p> <p>PLEASE MAKE SURE YOUR CHILDS (RENS) LUNCH ACCT. HAS A POSITIVE BALANCE AT ALL TIMES</p> <hr/> <p style="text-align: center;">"THIS INSTITUTION IS AN EQUAL OPPURTUNITY PROVIDER."</p> <hr/> <p style="text-align: center;">THANKYOU! for your participation in the National School Lunch Program.</p>
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-ALL MEALS ARE SERVED WITH -ASSORTED FRESH VEGETABLES -AND CHOICE OF 1%, SKIM, OR CHOCOLATE SKIM MILK-

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 NACHOS STEAMED CORN FIXINGS STRAWBERRY APPLESAUCE</p>  <p><u>ALT- CHICKEN CAESAR WRAP</u></p>	<p>3 BAKED POATO- HAM, CHEESE STEAMED BROCCOLI DINNER ROLL FRESH FRUIT GRAHAM CRACKERS-ELEM/MS</p> <p><u>ALT- CHICKEN CHEESE GARDEN SALAD</u></p>	<p>4 ITALIAN MEATBALL SUB COOKED GREEN BEANS SALAD GREENS/SALTINE CRACKERS DICED PEACHES</p> <p><u>ALT- CHEF SALAD</u></p>	<p>5 CHICKEN ALFREDO WG PASTA GARLIC BREAD STICK COOKED CARROTS FRESH FRUIT</p> <p><u>ALT-HAM & CHEESE SUB SANDWICH</u></p>	<p>6 CORN DOG BAKED BEANS FRESH FRUIT FROZEN SLUSHY</p>  <p><u>ALT- TACO SALAD</u></p>
<p>9 CHICKEN NUGGETS/ DIP'N SAUCE RICE A RONI MONTE CARLO VEGGIES FRESH FRUIT DINNER ROLL- ELEM/MS</p> <p><u>ALT- CHEF SALAD</u></p>	<p>10 TACOS WG FLOUR TORTILLA BAKED BEANS GARLIC TOAST ROUND ORANGE AMBROSIA</p> <p><u>ALT- CHICKEN CHEESE GARDEN SALAD</u></p>	<p>11 ROAST PORK WHIPPED POTATOES/ GRAVY STEAMED PEAS DINNER ROLL CRANBERRY/ CINNAMON APPLE SLCS</p> <p><u>ALT- CHICKEN CAESAR WRAP</u></p>	<p>12 PIZZA CALZONE STEAMED CORN SALAD GREENS/SALTINE CRACKERS FRUIT CHOICE-</p> <p><u>ALT- TACO SALAD</u></p>	<p>13</p>  <p>NO SCHOOL IN-SERVICE THINK SPRING</p>
<p>16 BBQ PORK WG BUN/CHIPS COOKED CARROTS APPLESAUCE</p> <p><u>ALT- CHICKEN CAESAR WRAP</u></p>	<p>17 CHICKEN FAJITA/ FIXINGS WG FLOUR TORTILLA BAKED BEANS DINNER ROLL FRESH FRUIT</p> <p><u>ALT-HAM & CHEESE SUB SANDWICH</u></p>	<p>18 (BRUNCH FOR LUNCH) FRENCH TOAST STICKS CINNAMON BREAD STICK FRUIT YOGURT CUP STEAMED CORN/ STRAWBERRIES</p> <p><u>ALT- CHEF SALAD</u></p>	<p>19 HOT HAM & CHEESE WG BUN BAKED POTATO WEDGES FRESH FRUIT</p> <p><u>ALT- CHICKEN CHEESE GARDEN SALAD</u></p>	<p>20 PEPPERONI OR CHEESE FLATBREAD PIZZA STEAMED BROCCOLI FLORETS SALAD GREENS FRESH FRUIT</p> <p><u>ALT- TACO SALAD</u></p>
<p>23 MACARONI & CHEESE STEAMED PEAS BREADSTICK SALAD GREENS FRESH FRUIT</p> <p><u>ALT-HAM & CHEESE SUB SANDWICH</u></p>	<p>24 BAKED MEATBALLS WHIPPED POTATOES/GRAVY SQUASH DINNER ROLL APPLESAUCE</p> <p><u>ALT- CHEF SALAD</u></p> 	<p>25 MINI CORN DOGS COOKED CARROTS COLESLAW GRAHAM CRACKERS FRESH FRUIT</p> <p><u>ALT- CHICKEN CAESAR WRAP</u></p>	<p>26 CHICKEN PATTY WG BUN BAKED BEANS FRESH FRUIT</p> <p><u>ALT- CHICKEN CHEESE GARDEN SALAD</u></p>	<p>27 MOZZARELLA PIZZA DIPPERS/DIP STEAMED CORN GARLIC BREAD STICK-(HS) SALAD GREENS DICED PEARS</p> <p><u>ALT- TACO SALAD</u></p>
<p>30 HAMBURGER / WG BUN- ELEM/MS ROUND-UP BURGER/BUN- HS BAKED POTATO WEDGES KETCHUP/ MUSTARD FRESH FRUIT</p> <p><u>ALT- CHICKEN CAESAR WRAP</u></p>				